

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:30-11:30 Pilates with Props Ildiko
12:30-13:30 Pilates with Props				12:30-13:30 Yoga Vinyasa Flow	
17:45-18:45 Pilates & Functional	17:45-18:45 Pilates with Props		17:45-18:45 Yoga Vinyasa Flow	18:00-19:00 Rocket Yoga	
19:00-20:00 Rocket Yoga 1	19:00-20:00 Yoga Vinyasa Flow	19:00-20:00 Private class (On demande)	19:00-20:00 Pilates with Props		