

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:20-11:20 Pilates with Props Irene
			12:30-13:30 Pilates with Props	12:30-13:30 Yoga Vinyasa Flow level1	
17:45-18:45 Pilates & Functional	18:00-19:00 Pilates with Props		18:00-19:00 Yoga Vinyasa Flow level 1	18:30-20:00 Rocket Yoga level 2/3	
19:00-20:15 Rocket Yoga level 1/2	19:15-20:15 Yoga Vinyasa Flow 1/2		19:15-20:15 Pilates with Props		